



# DERMATOLOGY & AESTHETICS PRICE LIST

## FREYJA MEDICAL

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Leading Expert Dermatology  
& Aesthetic Treatment Clinic  
2023 - Wales  
Best Skin Health & Aesthetics  
Clinic 2023 - Wales



Freya Medical  
2021/22 WINNER  
Skin Care Specialists  
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Most Innovative  
Dermatology &  
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Wales

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# DERMATOLOGY

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# MOLE CHECK DIAGNOSIS

Our dermatologists have extensive experience in performing thorough mole checks, using the latest technology and techniques to detect any abnormalities or changes in the skin. We also take the time to answer any questions you may have and provide you with a tailored plan to help keep your skin healthy.

## **What to expect during a mole check**

During your mole check consultation, our dermatologists will examine your skin from head to toe, looking for any moles that may be suspicious or atypical. We will also take a medical history and discuss any previous sun exposure, as well as any other factors that may increase your risk of skin cancer.

## **Skin Cancer**

If any moles are found to be suspicious, we may recommend a biopsy or full removal to determine whether skin cancer is present. If skin cancer is detected, we will work with you to develop a personalised treatment plan that addresses your individual needs.

Mole Check Consultation..... £199

**Want to learn more?**

[Click here](#) to visit our Mole Check web page and download our **FREE** information booklet for all the essential details!

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# MOLE REMOVAL & SKIN SURGERY

Our surgical team is expertly headed by Dr Keli Thorsteinsson. With his experience of many thousands of skin surgeries under his belt, from simple skin tag removal to complex skin cancer removal, he leads our team of doctors and nurses providing you with the very best in care and expertise.

## Our surgeons can address a wide range of problems such as:

- Skin Cancers
- Moles
- Skin Tags
- Skin Cysts
- Warts
- Lipomas (Fatty Lumps)
- And Much More...

### Simple Surgery\*+^

Excludes pathology and suture removal..... from £499

### Intermediate Surgery\*+^

Includes 1 pathology and suture removal..... from £999

### Complex Surgery\*+^

Includes 1 pathology and suture removal..... from £1299

### Extra Lesion

Stitches..... £200

No Stitches..... £100

### Suture Removal

..... £25

***\*£100 deposit required***

***+Surgery cost is not inclusive of the consultation fee (See page 40)***

***^This pricing serves as a guide. Surgery costs will be discussed and confirmed during your consultation with the doctor***

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# MEDICAL DERMATOLOGY

At our dermatology clinic, we offer diagnosis and management of a wide range of skin complaints.

Our team of experienced dermatologists is dedicated to providing the highest quality of care to our patients. Services include diagnosis and treatment of a variety of skin conditions.

After a detailed consultation and examination, you will be given a detailed treatment plan and to help you with your skin.

**Our specialist dermatologists can address a wide range of problems such as:**

- Acne
- Eczema
- Psoriasis
- Skin Cancer
- Seborrhoeic Keratosis (Noncancerous (Benign) Skin Growth)
- Actinic Keratosis (Sun Damage)
- Vascular Marks

Dermatology Consultation..... £225

**Want to learn more?**

**[Click here](#) to visit our Dermatology web page.**

# ISOTRETINOIN TREATMENT

***We prescribe Isotretinoin only to individuals aged 18 and over. However, we offer a range of alternative acne treatments that are suitable for those under 18. To explore the best options for your skin, we recommend booking a dermatology consultation.***

Isotretinoin treatment is a potent medication used to combat severe acne that hasn't responded to other treatments. It works by addressing the root causes of acne, such as excess oil production, inflammation, and bacterial growth. Typically taken orally over several months, isotretinoin significantly reduces acne lesions and can improve skin texture. It's often prescribed for individuals with persistent acne vulgaris, nodular acne, or acne causing scarring or psychological distress. However, due to its potency and potential side effects, it's reserved for severe cases and requires careful monitoring by a dermatologist.

***The cost of Isotretinoin treatments varies based on the severity of the condition. Below is an approximate estimation tailored to the average Isotretinoin patient journey.***

## **Introduction Appointments**

First appointment.....	£225
Baseline bloods (to commence Isotretinoin).....	£200

## **Follow On Appointments**

Follow-up appointments (most patients require 6 x monthly appointments).....	£179
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Follow on bloods (average of 4 required during Isotretinoin course).....	£100 (per test)
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Isotretinoin medication (most patients require 6 month course)* .....	£60-80 (per 1 month medication)
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*\*price varies depending on the dosage required and will be discussed in the appointment*

**Want to learn more?**

**[Click here](#) to visit our Isotretinoin web page.**

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# EARLOBE REPAIR SURGERY

Earlobe repair surgery is a cosmetic surgical procedure used to repair a torn or stretched earlobe. This procedure is usually performed on individuals who have had their earlobes torn due to heavy earrings, trauma or piercings. The surgery involves removing the damaged tissue and reshaping the earlobe to restore its natural appearance.

**Earlobe repair surgery is suitable for individuals who are looking to:**

- Repair after use of stretcher earrings or spacer earrings
- Repair a torn earlobe
- Repair of elongated earlobe piercing
- Reduction in size of earlobes

Price Per Ear.....	£999
For Both Ears in One Sitting* .....	£1499

***\*It is not always appropriate to perform earlobe repair surgery on both ears in one sitting, we will advise you during your dermatology consultation (see page 40 for more information).***

**Want to learn more?**

[Click here](#) to visit our Earlobe Repair Surgery web page.



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# WART, VERRUCA AND FUNGAL NAIL TREATMENTS

We offer wart and verruca removal, as well as fungal nail treatments, using our advanced Motus AY Laser and Cryotherapy methods.

The Motus AY Laser offers a versatile solution for both fungal nail treatment and wart/verruca removal. It effectively targets fungal pathogens to promote healthy nail growth and uses precise laser technology to eliminate warts and verrucas, providing comprehensive dermatological care.

Cryotherapy is a medical procedure that involves the use of extreme cold to remove warts from the skin. During cryotherapy, liquid nitrogen or another freezing agent is applied directly to the wart(s) and/or verruca(s).

Dermatology Consultation

(includes first treatment if appropriate)..... £225

***\*The treatment type and pricing are based on the individual needs of each customer. This will be determined during your dermatology consultation (see page 40 for more information).***

**Want to learn more about this treatment?**

**[Click here](#) to visit our warts and verruca web page and download our FREE information booklet for all the essential treatment details!**

**AESTHETICS**

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## DERMAL FILLERS

Dermal fillers are a type of non-surgical cosmetic treatment used to add volume, smooth out wrinkles, and restore a more youthful appearance to the face. They are gel-like substances that are injected beneath the skin to restore lost volume, smooth lines and soften creases, or enhance facial contours.

### **Dermal fillers are suitable for individuals who are looking to:**

- Reduce the appearance of wrinkles, fine lines, and folds on the face.
- Restore lost volume in areas such as the cheeks, lips, and temples.
- Enhance facial features such as the lips, chin, or jawline.
- Improve the overall appearance and texture of the skin.

Standard Area* .....	£299
Rhinoplasty (nose)* .....	£450
Tear Trough* .....	£350
Temples* .....	£350
Lips* .....	£350
Lips top-up/repeat (Within 1 Month).....	£300
Dissolver using Hyalase (£100 Deposit).....	From £350

***\*Price per 1ml***

**Want to learn more about this treatment?**

**[Click here](#) to visit our Dermal Fillers web page and download our FREE information booklet for all the essential treatment details!**

# BOTOX/AZZALURE

Wrinkle relaxing injections are a type of cosmetic treatment that involves injecting a small amount of botulinum toxin type A, commonly known as Botox, into the facial muscles to temporarily paralyse them. The most commonly treated areas include the forehead, crow's feet, and frown lines between the eyebrows.

Botox and Azzalure are very similar, both are licensed in the UK and clinical studies have shown that they have the same effects. The main difference is the way they are made up prior to injection.

## **Botox and Azzalure are suitable for individuals who are looking to:**

- Reduce the appearance of wrinkles and fine lines on the forehead, between the eyebrows, and around the eyes.
- Soften deep creases and frown lines on the face.
- Lift the corners of the mouth, giving a more youthful and refreshed appearance.
- Treat excessive sweating (hyperhidrosis) in the underarms, hands, and feet.
- Manage chronic migraines and tension headaches.

## **Botox**

1 Area.....	£249
2 Areas.....	£349
3 Areas.....	£409
Per Additional Area.....	£99
Top-Up.....	£170

## **Azzalure**

1 Area.....	£199
1 Area (High Dose).....	£249
2 Areas.....	£279

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2 Areas (High Dose).....	£349
3 Areas.....	£349
3 Areas(High Dose).....	£409
Per Additional Area.....	£99
Top-Up.....	FREE
For Bruxism (Teeth Clenching).....	£409
Nefertiti neck lift.....	£349
For sweating: nurse (£100 Deposit).....	£479
For sweating: doctor (£100 Deposit).....	£499

**Want to learn more about this treatment?**

**[Click here](#) to visit our Botox web page and download our FREE information booklet for all the essential treatment details!**

## PACKAGES

Unlock the secret to maintaining your youthful glow all year round with our exclusive Botox Subscription Package, ensuring multiple treatments that will preserve your stunning results with effortless grace.

With our subscription packages you will receive discounted Botox treatments as well as a complimentary skin health assessment and Deluxe Hydrafacial worth £150!

Embrace the power of our Botox Subscription Package and feel effortlessly radiant all year long.

	Total	Savings	Payment
<b>2 Areas 3 Times a Year</b>	£777.00	£210.00	Deposit £282.00 with 5x £99.00 instalments
<b>2 Areas 4 Times a Year</b>	£1036.00	£230.00	Deposit £343.00 with 7x £99.00 instalments

	Total	Savings	Payment
<b>3 Areas 3 Times a Year</b>	£927.00	£270.00	Deposit £333.00 with 6x £99.00 instalments
<b>3 Areas 4 Times a Year</b>	£1236.00	£310.00	Deposit £444.00 with 8x £99.00 instalments

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## HYDRAFACIAL TREATMENTS

A HydraFacial is a non-invasive cosmetic treatment that involves using a special device to exfoliate and hydrate the skin. The treatment is designed to improve the appearance of the skin by removing dead skin cells and impurities while also infusing the skin with a combination of cleansing, hydrating and antioxidant serums.

### **Hydrafacials are suitable for individuals who are looking to:**

- Cleanse and exfoliate the skin, removing dirt, oil, and impurities from the pores.
- Improve skin hydration and elasticity, particularly in cases of dry or dull skin.
- Stimulate collagen production, which can help improve the overall texture and quality of the skin.
- Address specific skin concerns, such as hyperpigmentation, acne, and sun damage.
- Improve the effectiveness of skincare products by allowing them to penetrate more deeply into the skin.
- Enhancing the overall radiance and glow of the skin, giving it a more youthful and healthy appearance.

Signature OR Neck & Decolletage.....	£105
Deluxe.....	£155
Platinum.....	£175
Back Treatment.....	£250
Neck & Decolletage*.....	£95
Hands*.....	£30
Booster*.....	£50

**\*Add On's**

## PACKAGES

### Deluxe Hydrafacial

6 step facial to cleanse, exfoliate and hydrate the skin.

Includes a **FREE** Epionce or ZO cleanser! Our therapists will work with you to find the best cleanser for your skin.

	Course of 6	Course of 12
<b>Total</b>	£822.00	£1500.00
<b>Saving</b>	£108.00	£360.00
<b>Payment</b>	Deposit £228.00 with x6 £99.00 instalments	Deposit £312.00 with 12x £99.00 instalments

### Platinum Hydrafacial

6 step facial to cleanse, exfoliate and hydrate the skin upgraded with a ZO Skin peel and ZO Booster to target specific concerns such as pigmentation, acne, ageing and rosacea.

Includes a **FREE** Epionce or ZO cleanser! Our therapists will work with you to find the best cleanser for your skin.

	Course of 6	Course of 12
<b>Total</b>	£915.00	£1656.00
<b>Saving</b>	£135.00	£444.00
<b>Payment</b>	Deposit £321.00 with 6x£99.00 instalments	Deposit £468.00 with 12x £99.00 instalments



## PACKAGES

### Hydrabody Back Treatment

HydraBody back treatment is designed to help with congestion and blemishes on the back as well as uneven skin tone and texture.

	Course of 6	Course of 12
<b>Total</b>	£1245.00	£2250.00
<b>Saving</b>	£255.00	£750.00
<b>Payment</b>	Deposit £500.00 with 5x£149.00 instalments	Deposit £760.00 with 10x £149.00 instalments

**Want to learn more about this treatment?**

[Click here](#) to visit our HydraFacial web page and download our **FREE** information booklet for all the essential treatment details!

## AQUALYX (FAT DISSOLVING)

Aqualyx injections (Fat Dissolving injections) are a type of non-surgical cosmetic treatment that is designed to reduce stubborn pockets of fat in areas such as the chin, abdomen, thighs, and hips. The injections contain a solution of deoxycholic acid, a naturally occurring substance in the body that helps to break down and absorb fat.

### **Aqualyx injections are suitable for individuals who are looking to:**

- Eliminate stubborn pockets of fat that are resistant to diet and exercise, such as love handles, saddlebags, and double chins.
- Contour and reshape the body, creating a more toned and sculpted appearance.
- Find a non-surgical alternative to liposuction, without the need for general anaesthesia or a long recovery period.
- Minimal downtime, and most people can return to their normal activities immediately after treatment.
- Find long-lasting results, with fat cells permanently destroyed and eliminated from the body.

Face.....	£399
Body - 2 vials.....	£449
Body - 3 vials.....	£598
Body - 4 vials.....	£747
Body - 5 vials.....	£896

Course of 3 Treatments	Total	Saving	Payment
<b>FACE</b>	£999.00	£198.00	Upfront
<b>BODY - 2 VIALS</b>	£999.00	£348.00	Upfront
<b>BODY - 3 VIALS</b>	£1349.00	£445.00	Upfront
<b>BODY - 4 VIALS</b>	£1699.00	£542.00	Upfront
<b>BODY - 5 VIALS</b>	£1999.00	£689.00	Upfront

**Want to learn more about this treatment?**

[Click here](#) to visit our Aqualyx web page and download our **FREE** information booklet for all the essential treatment details!

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# MICRONEEDLING

Microneedling is a cosmetic procedure that involves using a small device called a microneedling pen to create tiny punctures in the skin. The device contains very fine, sterile needles that penetrate the skin's surface to a depth of up to 2 millimetres, triggering the skin's natural healing response.

The punctures created by the microneedling pen stimulate the production of collagen and elastin, which are proteins that help keep the skin firm and supple. The increased collagen and elastin production can improve the appearance of stretch marks, fine lines, wrinkles, and other signs of ageing.

## **Microneedling is suitable for individuals who are looking to:**

- Reduce the appearance of fine lines and wrinkles, particularly around the eyes, mouth, and forehead.
- Improve skin texture and tone, particularly in cases of stretch marks, acne scars, sun damage, or hyperpigmentation.
- Stimulate collagen production, which can help improve the overall texture and quality of the skin.
- Address specific skin concerns, such as uneven skin tone, enlarged pores, and stretch marks.
- Improve the effectiveness of skincare products by allowing them to penetrate more deeply into the skin.
- Enhance the overall radiance and glow of the skin, giving it a more youthful and healthy appearance.
- Treat certain skin conditions, such as rosacea and alopecia, by stimulating the body's natural healing response.

## **Stretch Marks**

Basic: 1xA4 4 sessions.....	£995
Basic: 2xA4 4 sessions.....	£1495
Standard: 1xA4 4 sessions.....	£1249
Standard: 2xA4 4 sessions.....	£1875
Premier: 1xA4 6 sessions.....	£1995
Premier: 2xA4 6 sessions.....	£2295

### **Therapist**

Limited Area.....	£209
Limited Area & PRP.....	£229
Extensive.....	£259
Extensive & PRP.....	£279

### **Nurse**

Limited Area.....	£259
Limited Area & PRP.....	£279
Extensive.....	£309
Extensive & PRP.....	£329

Per Additional Area.....	£99
LightStim Elipsa Add On*.....	£25

***\*See Page 36 for more information***

## **PACKAGES**

<b>Course of 3 Treatments</b>	<b>Total</b>	<b>Saving</b>	<b>Payment</b>
<b>limited area THERAPIST</b>	£499.00	£128.00	Upfront
<b>limited area &amp; PRP THERAPIST</b>	£549.00	£138.00	Upfront
<b>Extensive THERAPIST</b>	£599.00	£178.00	Upfront
<b>Extensive &amp; PRP THERAPIST</b>	£649.00	£188.00	Upfront
<b>limited area NURSE</b>	£599.00	£178.00	Upfront
<b>limited area &amp; PRP NURSE</b>	£649.00	£188.00	Upfront
<b>Extensive NURSE</b>	£699.00	£228.00	Upfront
<b>extensive &amp; PRP NURSE</b>	£749.00	£238.00	Upfront

## PACKAGES

Course of 6 Treatments	Total	Saving	Payment
limited area THERAPIST	£899.00	£355.00	Deposit £404.00 with 5x £99.00 instalments
limited area & PRP THERAPIST	£999.00	£375.00	Deposit £504.00 with 5x £99.00 instalments
Extensive THERAPIST	£1,099.00	£455.00	Deposit £354.00 with 5x £149.00 instalments
Extensive & PRP THERAPIST	£1,199.00	£475.00	Deposit £454.00 with 5x £149.00 instalments
limited area NURSE	£1,099.00	£455.00	Deposit £354.00 with 5x £149.00 instalments
limited area & PRP NURSE	£1,199.00	£475.00	Deposit £454.00 with 5x £149.00 instalments
Extensive NURSE	£1,299.00	£555.00	Deposit £554.00 with 5x £149.00 instalments
extensive & PRP NURSE	£1,399.00	£575.00	Deposit £404.00 with 5x £199.00 instalments

Want to learn more about this treatment?

[Click here](#) to visit our Microneedling web page and download our **FREE** information booklet for all the essential treatment details!

## IPL/LASER

IPL (Intense Pulsed Light) and laser are both light-based treatments that can be used for a variety of cosmetic and medical purposes. They work by emitting intense beams of light that are absorbed by specific targets in the skin or hair follicles, depending on the type of treatment

### **IPL/Laser is suitable for individuals who are looking to:**

- Remove hair with long-term results
- Remove warts/verruucas
- Treat wrinkles and scars
- Tighten the skin
- Treat vascular and pigment issues, such as broken capillaries, rosacea, sun damage, age spots, and freckles.

### **Vascular/Pigment**

Test patch.....	FREE
Up to 2 Lesions.....	£99
Up to 4 Lesions.....	£129
1/2 Face.....	£159
Full Face.....	£189
Full Face and Neck.....	£259
Full Face, Neck and Decolletage.....	£289
Decolletage.....	£159
Hands.....	£129

### **Thread Veins**

Facial Small.....	£129
Facial Medium.....	£159
Facial Large.....	£189
Leg Small.....	£129
Leg Medium.....	£159
Leg Large.....	£199

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### **Warts and Verrucas**

Single Lesion *	£75
2-4 Lesions*	£129
5-10 Lesions*	£199

### **Fungal Nail Infection**

Single nail*	£75
2-4 nails*	£129
5-10 nails*	£199

### **Hair Removal**

Laser/IPL HR - Consultation (and test treatment).....	£50
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### **Face**

Lip / Chin / Cheek.....	£99
Lip AND Chin.....	£109
Lower Face.....	£159
Lower Face & Neck.....	£199

### **Body**

Body SMALL (e.g. nipples, navel).....	£99
Underarms.....	£99
Upper Arms OR Forearms.....	£149
Whole Arms.....	£199
Chest OR Abdomen.....	£149
Chest AND Abdomen.....	£249
Back 1/2.....	£149
Back Full.....	£249

### **Bikini**

Standard.....	£99
Brazilian.....	£149
Full Hollywood.....	£159

### **Legs**

Thighs OR Lower Legs.....	£159
Thighs OR Lower Legs + Standard Bikini.....	£199
Whole Legs.....	£249

***\*Dermatology Consultation needed first (£225)***

# IPL/LASER HAIR REMOVAL PACKAGES

Area	Per Course of 6 Sessions	Total Savings	Payment
<b><u>Face</u></b>			
Lip / Chin / Cheek	£399	£195	£154 Deposit + 5 x £49/Month
Lip AND Chin	£429	£225	£184 Deposit + 5 x £49/Month
Lower Face	£649	£305	£154 Deposit + 5 x £99/Month
Lower Face & Neck	£849	£345	£354 Deposit + 5 x £99/Month
<b><u>Body</u></b>			
Body SMALL (e.g. nipples, navel)	£399	£195	£154 Deposit + 5 x £49/Month
Underarms	£399	£195	£154 Deposit + 5 x £49/Month
Upper Arms OR Forearms	£599	£295	£354 Deposit + 5 x £49/Month
Whole Arms	£799	£395	£304 Deposit + 5 x £99/Month
Chest OR Abdomen	£599	£295	£354 Deposit + 5 x £49/Month
Chest AND Abdomen	£999	£495	£254 Deposit + 5 x £149/Month
Back 1/2	£599	£295	£354 Deposit + 5 x £49/Month
Back Full	£999	£495	£254 Deposit + 5 x £149/Month
<b><u>Bikini</u></b>			
Standard	£399	£195	£154 Deposit + 5 x £49/Month
Brazilian	£599	£295	£354 Deposit + 5 x £49/Month
Full Hollywood	£649	£305	£154 deposit + 5 x £99/Month
<b><u>Legs</u></b>			
Thighs OR Lower Legs	£649	£305	£154 Deposit + 5 x £99/Month
Thighs OR Lower Legs + Standard Bikini	£899	£295	£404 Deposit + 5 x £99/Month
Whole Legs	£999	£495	£254 Deposit + 5 x £149/Month



## IPL/LASER VASCULAR/PIGMENT PACKAGES

Area	Per Course of 3 Sessions	Total Savings	Payment
<b>Face</b>			
Up to 2 Lesions	£199	£98	Upfront
Up to 4 Lesions	£259	£128	Upfront
1/2 Face	£329	£148	Upfront
Full Face	£399	£168	Upfront
Full Face and Neck	£549	£228	Upfront
Full Face, Neck and Decolletage	£599	£268	Upfront
Decolletage	£329	£148	Upfront
Hands	£259	£128	Upfront

Area	Per Course of 6 Sessions	Total Savings	Payment
<b>Face</b>			
1/2 Face	£649	£305	£154 Deposit + 5 x £99/Month

**Want to learn more about this treatment?**

**Visit our IPL hair removal webpage [here](#).**

**Visit our laser hair removal webpage [here](#).**

**Visit our IPL & laser for for Skin Rejuvenation webpage [here](#).**

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## PLEXR PLUS PLASMA SURGERY

Plexr Plus uses plasma energy to improve the appearance of the skin by stimulating collagen production, reducing fine lines and wrinkles, and correcting various skin imperfections. The Plexr Plus device emits a highly-focused beam of plasma energy that targets specific areas of the skin. The energy heats up the skin cells, which causes them to shrink and tighten. As a result, the skin becomes smoother and firmer.

### **Plexr Plus is suitable for individuals who are looking to:**

- Reduce the appearance of fine lines and wrinkles, especially around the eyes and mouth.
- Tighten and firm loose or sagging skin without the need for surgery.
- Reduce the appearance of scars, including acne scars, surgical scars, and stretch marks.
- Correct pigmentation, by reducing the appearance of age spots, sun spots, and other types of hyperpigmentation.
- Undergo a non-surgical blepharoplasty. Plexr Plus can be used to perform a non-surgical eyelid lift, also known as a non-surgical blepharoplasty.
- Find an alternative to a traditional facelift, Plexr Plus tightens and lifts the skin on the face and neck.

1 Area* .....	£499
2 Areas* .....	£799
3 Areas* .....	£999
Neck* .....	£799

***\*Requires £100 Deposit***

**Want to learn more about this treatment?**

**[Click here](#) to visit our Plexr web page and download our FREE information booklet for all the essential treatment details!**

# SKIN PEELS

Skin Peels are designed to improve the appearance and texture of the skin, by reducing the signs of ageing, treating acne and hyperpigmentation, and promoting overall skin health.

## **Skin Peels are suitable for individuals who are looking to:**

- Improve skin texture and tone, particularly in cases of uneven pigmentation, sun damage, or acne scars.
- Reduce the appearance of fine lines and wrinkles, particularly around the eyes, mouth, and forehead.
- Treat acne and other blemishes by exfoliating the skin and unclogging pores.
- Reduce the appearance of dark circles and puffiness around the eyes.
- Stimulating collagen production, which can help improve the overall texture and quality of the skin.
- Enhance the overall radiance and glow of the skin, giving it a more youthful and healthy appearance.
- Address specific skin concerns, such as hyperpigmentation, melasma, and age spots.
- Improve the effectiveness of skincare products by allowing them to penetrate more deeply into the skin.

Standard.....	£99
Corrective.....	£149
LightStim Elipsa Add On*.....	£25

***\*See Page 36 for more information***

Course of 3 Treatments	Total	Saving	Payment
Course of 3 - Standard	£199.00	£98.00	Upfront
Course of 3 - Corrective	£299.00	£148.00	Upfront

**Want to learn more about this treatment?**

**[Click here](#) to visit our Skin Peels web page and download our FREE information booklet for all the essential treatment details!**

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# FREYJA SIGNATURE FACIAL

At Freyja Medical we offer 2 Signature Facial options:

**Signature Deluxe**

A 45 minute facial to improve skin quality and radiance while relaxing you and rejuvenating your skin. Using products from Epionce skin care to cleanse, exfoliate and hydrate the skin.

**Signature Platinum**

An hour facial. Begin with a warming touch to relax you into a deep cleansing routine and exfoliating the surface of the skin. Ease into an extensive massage including the face, décolleté and shoulders to effectively soothe aching muscles. Finally a mask is applied to firm and calm the skin before hydrating and protecting the surface leaving you with a glow which will last for days!

**These facials are:**

- Effective for every skin type
- Immediate radiant glow
- No downtime or discomfort
- Tailored to suit your skin concerns
- Relaxing, calming and comforting

Standard.....	£89
Luxury.....	£99
LightStim Elipsa Add On*.....	£25

***\*See Page 36 for more information***

# ILLUMIFACIAL

A photofacial (Illumifacial), also known as intense pulsed light (IPL) therapy, is a non-invasive cosmetic procedure that uses light energy to improve the appearance of skin imperfections and signs of ageing.

During a photofacial, a handheld device delivers pulses of light energy to the skin, targeting areas of discolouration, redness, and fine lines. The light energy is absorbed by the pigment in the skin, which causes the targeted cells to heat up and eventually break down. The body's natural healing process then removes the damaged cells, resulting in a more even skin tone and smoother texture.

**The Illumifacial is suitable for individuals who are looking to:**

- Reduce the appearance of sun damage, including age spots, freckles, and uneven skin tone caused by prolonged exposure to the sun.
- Reduce redness and inflammation associated with rosacea and other skin conditions.
- Improve the appearance of acne scars, by stimulating collagen production and reducing the appearance of redness and pigmentation.
- Reduce the appearance of fine lines and wrinkles, by stimulating collagen production and improving skin texture.
- Reduce the appearance of large pores, by shrinking them and improving skin texture.
- Improve overall skin tone and texture, by stimulating collagen production and increasing blood flow to the skin.

Illumifacial..... £199

Course of Photofacials	Total	Saving	Payment
Course of 3	£449.00	£148.00	Upfront

**Want to learn more about this treatment?**

**[Click here](#) to visit our IllumiFacial web page and download our FREE information booklet for all the essential treatment details!**

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## THREAD LIFT

A thread lift, specifically Silhouette Soft, is a minimally invasive cosmetic procedure that uses dissolvable threads to lift and tighten the skin of the face, neck, and/or jowls. It's a non-surgical alternative to a traditional face lift that can give patients a more youthful appearance with less downtime and a lower risk of complications.

**Thread lifts are suitable for individuals who are looking to:**

- Lift and tighten sagging skin on the face, especially in the midface and jowl areas.
- Contour the jawline and create a more defined and youthful appearance.
- Lift and elevate the eyebrows, resulting in a more awake and refreshed look.
- Provide a non-surgical alternative to a traditional facelift by lifting and tightening the skin on the face and neck.
- Have a quick recovery. Thread lifts are minimally invasive and require little downtime, allowing you to return to your normal activities soon after the procedure.
- Natural-looking results, that can last for up to two years.

Standard Face Lift (Deposit £599)* .....	£2,250
Standard Neck Lift (Deposit £599)* .....	£1,350
Per Additional Pair of Threads.....	£399

***\*Pricing of thread lift treatments are based on the individual needs of each customer. This will be determined during your consultation (see page 40 for more information).***

***Please note - Thread lift deposits are non-refundable.***

**Want to learn more about this treatment?**

**[Click here](#) to visit our Thread Lift web page and download our FREE information booklet for all the essential treatment details!**

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# PROFHILO

Profhilo is a type of hyaluronic acid (HA) dermal filler that is used for skin rejuvenation and anti-ageing purposes. Unlike traditional fillers that are used to restore volume or plump up specific areas of the face, Profhilo is designed to work more subtly by improving the overall texture, hydration, and elasticity of the skin.

**Profhilo is suitable for individuals who are looking to:**

- Improve skin hydration and elasticity, particularly in areas that are prone to dryness or fine lines.
- Stimulate collagen production, which can help improve the overall texture and quality of the skin.
- Provide a natural-looking improvement in the appearance of the face, with results that can last up to six months.
- Smooth out fine lines and wrinkles, particularly around the eyes, mouth, and forehead.
- Reduce the appearance of sagging or lax skin, particularly in the lower face and neck.
- Help to restore volume and fullness to areas that have lost elasticity due to ageing or other factors.
- Enhance the overall texture and radiance of the skin, giving it a more youthful and vibrant appearance.

First 2 ml* .....	£325
Course of 2 (2x 2ml).....	£600
Course of 4 (4x 2ml).....	£1100

**\*Course of 2 treatments recommended**

**Want to learn more about this treatment?**

**[Click here](#) to visit our Profhilo webpage and download our FREE information booklet for all the essential treatment details!**

# POLYNUCLEOTIDES

Polynucleotides are cosmetic injectables that not only stimulate tissue regeneration and improve skin elasticity but also offer significant benefits for scalp health and hair vitality. By encouraging cell repair and increasing hydration, polynucleotides enhance both skin and hair quality over time.

This treatment works gradually, activating the body's natural healing processes to deliver long-lasting improvements in the skin's texture, tone, and hydration, while also promoting stronger, healthier hair growth. Whether addressing signs of ageing in the skin or hair thinning, polynucleotides provide a natural and effective solution for overall rejuvenation.

## **Polynucleotides are suitable for individuals who are looking to:**

- Restore hydration and elasticity to the skin or scalp, targeting areas affected by ageing, damage, or hair thinning.
- Treat fine lines, wrinkles, skin laxity, or scalp issues like dryness and flakiness.
- Strengthen hair follicles, improving texture, density, and overall hair health.
- Reduce the appearance of scars on the skin or scalp, including acne and post-surgical scars.
- Promote a smoother, youthful complexion while supporting fuller, thicker hair growth.

Number of Sessions	Total	Saving	Payment
1 Session (2ml)	£350	-	Upfront
2 Sessions (2 x 2ml)	£650.00	£50.00	Upfront
3 Sessions (3 x 2ml)	£970.00	£80.00	Upfront
8 Sessions (8 x 2ml)	£2,880.00	£320.00*	Upfront

*\*Polynucleotides for hair treatment are priced at £400 per 2ml. Please note that vials cannot be purchased individually.*

**Want to learn more about this treatment?**

**[Click here](#) to visit our Polynucleotides web page and download our FREE information booklet for all the essential treatment details!**



# SCULPTRA

Sculptra is a cosmetic injectable that stimulates the production of collagen, this helps to restore volume to the face and improve the appearance of fine lines and wrinkles. Unlike some other injectables, Sculptra works gradually, with results appearing over several months as collagen production increases.

## **Sculptra is suitable for individuals who are looking to:**

- Restore volume and fullness to the face, particularly in areas that have lost volume due to ageing, weight loss, or other factors.
- Treat deep facial wrinkles and folds, such as nasolabial folds (smile lines) and marionette lines.
- Improve the appearance of sunken cheeks or temples.
- Enhance facial contours, such as defining the cheekbones or jawline.
- Reduce the appearance of scars, such as those caused by acne or injury.

1 Vial.....	£475
2 Vials.....	£900
Additional Vials (Same Appointment).....	£425

# PACKAGES

Course of 3 Treatments	Total	Saving	Payment
Course of 3 - 1 Vial (3 x 1 Vial)	£1,350.00	£75.00	Upfront
Course of 2 - 2 Vials (2 x 2 Vials)	£1,700.00	£100.00	Upfront
Course of 3 - 2 Vials (3 x 2 Vials)	£2,550.00	£150.00	Upfront

**Want to learn more about this treatment?**

**[Click here](#) to visit our Sculptra web page and download our FREE information booklet for all the essential treatment details!**

# LED LIGHT THERAPY TREATMENTS

LED Light Therapy treatments use specific light wavelengths to address skin concerns and promote healing. By emitting light energy, LEDs stimulate cellular activity, targeting issues like acne, wrinkles, and inflammation. This non-invasive procedure is painless and suitable for all skin types. It rejuvenates the skin by boosting collagen, reducing fine lines, clearing acne, calming redness, improving tone and texture, accelerating healing, and enhancing circulation. Overall, it offers an effective solution for a clearer, smoother, and more radiant complexion.

**LED Light Therapy Treatments are suitable for individuals who are looking to:**

- Clear existing acne breakouts and prevent future acne flare-ups
- Reduce fine lines and wrinkles for a smoother, more youthful complexion
- Improve overall skin tone and texture, diminishing pigmentation, sun damage, and age spots
- Address back acne concerns for clearer, smoother skin

**We offer four tailored treatments designed to target your specific concerns and enhance results...**

## Acne Boost (Facial Treatment)

Cleanse and peel, extractions LED light therapy

Acne Boost	Total	Saving	Payment
1 Treatment	£50.00	-	Upfront
Course of 6 Treatments	£275.00	£25.00	Upfront

## Rejuve Boost (Facial Treatment)

Lymphatic drainage massage, LED light therapy

Rejuve Boost	Total	Saving	Payment
1 Treatment	£50.00	-	Upfront
Course of 6 Treatments	£275.00	£25.00	Upfront

### Body Boost (Thighs and Abdomen)

Lymphatic drainage massage, LED light therapy

Body Boost	Total	Saving	Payment
1 Treatment	£60.00	-	Upfront
Course of 6 Treatments	£330.00	£30.00	Upfront

### Backne Boost (Back Acne/Congestion)

Cleanse, exfoliate and peel with LED light therapy

Backne Boost	Total	Saving	Payment
1 Treatment	£60.00	-	Upfront
Course of 6 Treatments	£330.00	£30.00	Upfront

Want to learn more about this treatment?

[Click here](#) to visit our LED Light Therapy web page and download our FREE information booklet for all the essential treatment details!

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## LIGHTSTIM ELIPSA

LightStim Elipsa uses MultiWave® Patented Technology with various light wavelengths to rejuvenate the skin. It reduces wrinkles, treats acne, and diminishes inflammation. It can be added to other skincare treatments like Microneedling, Skin Peels, and Freyja Signature Facials, enhancing their effectiveness and promoting clear, radiant, and youthful-looking skin.

### **LightStim Elipsa is suitable for individuals who are looking to:**

- **Reduce the Appearance of Wrinkles and Fine Lines:** Ideal for those seeking anti-aging solutions
- **Treat Acne and Reduce Inflammation:** Beneficial for acne-prone skin types
- **Enhance Skin Radiance:** Suitable for those desiring a plumper, more glowing skin appearance
- **Opt for Non-Invasive Skin Treatments:** Ideal for clients preferring gentle skincare methods
- **Experience the Benefits of Light Therapy:** Suitable for individuals interested in the therapeutic effects of light on skin health
- **Improve Overall Skin Health:** For those aiming to maintain or restore healthy-looking skin.

### **Add LightStim Elipsa onto your:**

Microneedling Treatment.....	£25
Skin Peel Treatment.....	£25
Freyja Signature Facial Treatment.....	£25

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# SKINCARE CONSULTATION

A skincare consultation at Freyja Medical is a personalised service where our experienced skincare therapists assess your skin, considering factors like dryness, oiliness, acne, aging signs, and more. Through questions and examination, we tailor skincare recommendations just for you, including cleansers, moisturisers, and treatments. We also educate you on skincare techniques and routines, allowing you to test recommended products. Overall, our consultations empower you to make informed decisions for healthier, radiant skin.

## **LightStim Elipsa is suitable for individuals who are looking to:**

- Address specific skin concerns
- Establish a personalised skincare routine
- Optimise their current skincare routine
- Gain expert advice on product selection
- Learn about proper skincare techniques
- Address aging concerns
- Obtain professional guidance during skincare transitions

Skincare Consultation..... £25

## **Want to learn more?**

[Click here](#) to visit our Skincare Consultation web page and download our **FREE** information booklet for all the essential details!

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# BLEPHAROPLASTY

Blepharoplasty is a surgical procedure designed to remove excess skin and fat from the upper eyelids, helping to rejuvenate the appearance of tired or drooping eyes. At Freyja Medical, we specialise in upper blepharoplasty only, providing a refined and natural result. This procedure is ideal for those looking to restore a more youthful, refreshed look to their eye area.

**Blepharoplasty is suitable for individuals who are looking to:**

- Remove excess skin that causes the upper eyelids to droop or sag.
- Achieve a more youthful, refreshed appearance around the eyes.
- Reduce puffiness or heaviness in the upper eyelids.
- Restore symmetry between the eyelids for a more balanced look.
- Address signs of ageing or hereditary factors affecting the eyelid area.

Blepharoplasty Consultation with our Consultation Surgeon..... £225

Upper Blepharoplasty (Both Eyes) ..... £2200

**Want to learn more?**

**[Click here](#) to visit our Blepharoplasty web page and download our FREE information booklet for all the essential details!**

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# XANTHELASMA REMOVAL

Xanthelasma are yellowish cholesterol deposits that form on or around the eyelids. While not usually harmful, many people choose to have them removed for cosmetic reasons or because they cause irritation. At Freyja Medical, we offer different treatment options, including surgical excision and less invasive techniques such as Hyfrecation or Plexr. The most suitable approach for you will be advised by our consultant surgeon during your consultation, ensuring the safest and most effective outcome.

## **Xanthelasma Removal is suitable for individuals who are looking to:**

- Improve the cosmetic appearance of yellowish eyelid deposits
- Relieve irritation or discomfort caused by xanthelasma
- Explore safe, medical options for treatment under a consultant surgeon
- Receive personalised advice on the most effective treatment method (excision or Hyfrecator/Plexr)

### **Hyfrecator/Plexr (Including Consultation Fee)**

1 Eye.....	£499
2 Eyes.....	£799

### **Excision (Including Consultation Fee)**

1 Eye.....	£724
2 Eyes.....	£1299

**Want to learn more?**

**[Click here](#) to visit our Xanthelasma web page and download our FREE information booklet for all the essential details!**

**MORE  
INFORMATION**



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## CONSULTATIONS

At Freyja Medical we require you to attend a consultation prior to booking any aesthetic treatments that you have not had with us before. This is so that we can discuss what you want to achieve, but also your medical history and determine if there are any reasons that the treatment may not be a good option for you.

Similarly, we require you to attend a consultation prior to any dermatology treatments/surgery, this is also to ensure that we can talk through your concerns and advise the best treatment(s) for you.

### Consultation

Consultant Surgeon - Blepharoplasty/Thread Lift/Xanthelasma.	£225
Doctor - Dermatology.....	£225
Doctor - Isotretinoin First Appointment.....	£225
Doctor - Consultation and First Treatment for Verrucas/Warts....	£225
Doctor - Mole Check.....	£199
Doctor - Aesthetics.....	FREE
Specialist Nurse - Aesthetics .....	FREE
Skin Therapist - Skincare Products.....	FREE
Skin Therapist - IPL/Laser.....	£55

### Follow-Up

Consultant Surgeon.....	£179
Doctor - Dermatology.....	£179
Doctor - Aesthetics.....	FREE
Nurse/Therapist.....	FREE

## DEPOSITS

A booking fee applies to all appointments.

The fee is set at £25, unless stated otherwise.

Booking fees are not refundable if appointments are not attended or if less than 48 hours notice is given to change or cancel an appointment.

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## CONTACT DETAILS

Visit our website to read our latest blogs, learn about our other treatments and book appointments.



<https://freyjamedical.com/>

Got a specific question? Please do not hesitate to contact us!  
You can reach us at:



[01978 799688](tel:01978799688)



[contact@freyjamedical.com](mailto:contact@freyjamedical.com)

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